

INSPIRING DANCE 2020/2021 CLASS DESCRIPTIONS

MOMMY & ME: YOU AND YOUR CHILD CAN SHARE THE LOVE OF DANCE. WE WILL FOCUS ON LARGE MOTOR SKILLS AND PLAY PRETEND! WE FOCUS ON TAKING TURNS AND FOLLOWING DIRECTIONS. YOUNG DANCERS MUST BE 18 MONTHS BY SEPTEMBER 15, 2020.

ITTY BITTY BALLET: YOUR 2 YEAR OLD IS READY FOR CLASS INDEPENDENT FROM MOM AND DAD! WE WORK ON BEGINNING BALLET SKILLS, LARGE MOTOR SKILLS, AND FOLLOWING DIRECTIONS. THIS CLASS WILL HAVE A RECITAL DANCE. DANCERS MUST BE 2 YEARS OLD BY SEPTEMBER 15, 2020.

BITTY BALLET: YOUR 3 YEAR OLD IS READY TO LEARN BALLET. WE WILL FOCUS ON BEGINNING BALLET SKILLS, LARGE MOTOR SKILLS AND FOLLOWING DIRECTIONS. DANCERS MUST BE POTTY TRAINED. THIS CLASS WILL HAVE A RECITAL DANCE. DANCERS MUST BE 3 YEARS OLD BY SEPTEMBER 15, 2020.

TINY TUTUS AND TAP: READY TO MAKE SOME NOISE? THIS CLASS IS A COMBINATION OF BALLET AND TAP FOR OUR 4 YEAR OLD DANCERS. THE CLASS WILL FOCUS ON BALLET AND TAP SKILLS AS WELL AS LARGE MOTOR SKILLS AND FOLLOWING DIRECTIONS. THIS CLASS WILL HAVE A RECITAL DANCE. DANCERS MUST BE 4 YEARS OLD BY SEPTEMBER 15, 2020.

TINY TUMBLERS: THIS CLASS IS FOR DANCERS 3-4 YEARS OF AGE AND WILL FOCUS ON BASIC TUMBLING SKILLS INCLUDING PROGRESSIONS ACROSS THE MAT. THIS CLASS WILL HAVE A RECITAL DANCE. DANCERS MUST BE 3 YEARS OLD BY SEPTEMBER 15, 2020.

KINDER COMBO: COMBO CLASS FOR ALL KIDS IN KINDERGARTEN. WE WILL LEARN BALLET, TAP AND JAZZ SKILLS IN THE COMBO CLASS. THESE CLASSES WILL HAVE RECITAL DANCES.

1ST-2ND GRADE COMBO: THESE CLASSES ARE OFFERED FOR KIDS IN 1ST AND 2ND GRADE. COMBO IS AN HOUR CLASS THAT COMBINES BALLET, TAP AND JAZZ! THIS CLASS WILL HAVE RECITAL DANCES.

3RD-5TH GRADE COMBO/6TH-8TH GRADE COMBO: THESE CLASSES ARE OFFERED FOR KIDS IN 3RD-5TH GRADE AND 6TH-8TH GRADES. IT'S A LONGER CLASS THAT COMBINES BALLET, TAP AND JAZZ! THIS MEANS YOU ONLY HAVE TO COME ONCE AND YOUR DANCER LEARNS THREE SKILL SETS. THESE CLASSES WILL HAVE RECITAL DANCES.

K-2ND/3RD-5TH GRADE POM: THESE CLASSES FOCUS ON SHARP ARM MOVEMENTS WHILE DANCING IN THE STYLES OF JAZZ/HIP HOP. THESE CLASSES WILL HAVE RECITAL DANCES.

K-2ND/3RD-5TH GRADE HIP HOP: THESE CLASSES WORK ON BASIC HIP HOP SKILLS COMBINED WITH FUN MOVEMENTS AND CHOREOGRAPHY. THESE CLASSES WILL HAVE RECITAL DANCES.

3RD-5TH GRADE LYRICAL: THIS CLASS IS A MIX OF THE STYLES BALLET AND JAZZ. DANCERS WILL TELL A STORY OF THE MUSIC WITH THIS STYLE OF DANCE. THIS CLASS WILL HAVE A RECITAL DANCE.

STRENGTH AND FLEXIBILITY: DANCERS WILL WORK TO INCREASE THEIR STRENGTH AND FLEXIBILITY THROUGH EXERCISES DESIGNED TO ENHANCE THEIR DANCING AND STAMINA. OPEN TO ALL AGES AND LEVELS.

IMPROV: THIS OPEN LEVEL CLASS IS TO ALLOW DANCERS TO EXPLORE MOVEMENT STYLES USING IMPROVISATION TECHNIQUES.

TUMBLING: FROM LEARNING CARTWHEELS TO MASTERING YOUR BACK HANDSPRINGS AND AERIALS, WE HAVE A TUMBLING CLASS FOR YOU!

TINY TUMBLERS IS FOR KIDS 3-4 YEARS OF AGE AND WILL FOCUS ON BASIC TUMBLING SKILLS INCLUDING PROGRESSIONS ACROSS THE MAT.

K-2ND TUMBLING IS FOR KIDS IN KINDERGARTEN-2ND GRADE WHERE THEY WILL LEARN BASIC TUMBLING SKILLS SUCH AS FORWARD ROLLS AND CARTWHEELS.

3RD-5TH TUMBLING IS FOR KIDS IN 3RD-5TH GRADE THAT WOULD LIKE TO BUILD STRENGTH AND SKILLS FOR ADVANCED TUMBLING TRICKS.

INTERMEDIATE/ADVANCED TUMBLING CLASSES ARE BY PLACEMENT. WE WILL WORK ON BUILDING STRENGTH AND SKILLS FOR TUMBLING TRICKS.

MINI TEAM: THESE COMPETITION LEVEL CLASSES ARE FOR MINI TEAM DANCERS, AND ARE INVITE ONLY. THE FOCUS OF EACH CLASS IS TECHNIQUE AND LEARNING COMPETITION CHOREOGRAPHY. MINI TEAM CLASSES ARE FOR TEAM ID MEMBERS ONLY.

JUNIOR: THIS COMPETITION LEVEL CLASS IS GENERALLY FOR KIDS 8-10 YEARS AND THE FOCUS OF EACH CLASS IS ON TECHNIQUE AND LEARNING OUR COMPETITION CHOREOGRAPHY. JUNIOR CLASSES ARE FOR TEAM ID MEMBERS ONLY.

MIDDLE SCHOOL/HIGH SCHOOL RECREATIONAL/COMPETITION CLASSES: THESE CLASSES ARE FOR DANCERS IN MIDDLE AND HIGH SCHOOL. DANCERS WILL HAVE THE OPTION OF PARTICIPATING IN OUR MS/HS COMPETITION TEAM OR CAN CHOOSE TO PARTICIPATE RECREATIONALLY. DANCERS CHOOSING TO COMPETE WILL ATTEND THREE IN TOWN COMPETITIONS. THESE CLASSES WILL HAVE RECITAL DANCES.

LEVEL 1, 2, 3 TECHNIQUE/COMBO: THESE OPEN LEVEL CLASSES ARE GENERALLY FOR KIDS 10-18 YEARS AND THE FOCUS OF EACH CLASS IS ON TECHNIQUE AND LEARNING CHOREOGRAPHY. THIS CLASS MAY BE CLOSED TO TEAM ID MEMBERS ONLY. TAP CLASSES ARE FOR TEAM ID DANCERS PLACED IN THOSE CLASSES.

BALLET 1, 2, 3: BALLET TECHNIQUE CLASSES FOR COMPETITION STUDENTS OR THOSE STUDENTS LOOKING FOR A HIGHER LEVEL OF BALLET CLASS. ALL BALLET CLASSES ARE BY PLACEMENT. PLEASE LET US HELP YOU FIND THE BEST FIT OF CLASSES. JUNIOR AND MINI BALLET CLASSES ARE ONLY FOR DANCERS PLACED ON THOSE TEAMS.